

INTERWOVEN: Strength & Courage

2020 Conference for Pastors' Wives



Join this conference created specifically for women married to CRC pastors. Have fun as you meet with others who share similar experiences, reflect on your unique role and your relationship with God as you rest in God's presence, being encouraged and equipped for lasting community among pastors' wives.

Plenary Speaker

Sonja Bristow is a Christian counsellor, speaker, teacher, author who has always been fascinated with God's holistic design for us (body/mind/spirit). Sonja has a special passion for women and the unique challenges they can face, especially as they accept pastoral church ministry and leadership roles. Staying emotionally and spiritually healthy and maintaining balance throughout this special calling is paramount.

Heal-Grow-Thrive is her mantra as she works with individuals and groups, educating and exploring practical strategies and tools with humour, helping women lean into more holistic, whole-hearted living.



She believes that God invites us to authentically "bloom where we are planted" and helps us to walk with the courage needed to flourish in our lives.

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

(Joshua 1:9bish, NIV)

Conference Details

This *virtual event* will be held via Zoom

October 21-23, 2020

What will happen during the conference?

- Live Worship Sessions
- Plenary Sessions
- Conversations
- Workshops
- Special Gifts/Prizes
- Building Community

Although we can't all meet together in the same place, you may want to consider getting together with a couple of other pastors' wives—perhaps even at a church or local hotel.

Schedule*

Wednesday

- Begin at 1 p.m.
- Sessions until 5 p.m.
- Break for 1 1/2 hours
- One hour evening session at 6:30 p.m.

Thursday

- Begin at 1 p.m.
- Sessions until 5 p.m.
- Break for 1 1/2 hours
- One hour evening session at 6:30 p.m.

Friday

- Begin at 1 p.m.
- Sessions/Conference ends at 4 p.m.

*Times listed as Eastern Time

Workshops

You will choose one workshop for each of the two workshop sessions. The workshop options are:

- *How to be an Asset to your Personal First Responder* — Rev. Lesli van Milligen (pastor's wife)
- *Thriving in Ministry* — A Facilitated Conversation— Joy Johnston (pastor's wife)
- *When Churches Wound: Surviving Difficult Times* — Rev. Lesli van Milligen (pastor's wife)
- *Resting in God*— Rev. Ashley Bonnes (pastor's wife)

Conference Cost

Cost of the conference is \$50 (U.S. or Canadian), however, if this is a hardship, we do have limited scholarships available. Please click [here](#) or call Kim at (877) 279-9994 x 2837 (toll free) to request assistance.

Registration

Register [online](#) by September 10 to receive your special conference participation gift package. Registration is limited, so don't delay! Confirmation and payment instructions will be sent to the email address you note on the [registration form](#).

If cancellation is necessary, your registration fee is refundable until September 20th.

Conference Information

WWW.CRCNA.ORG/SPE