Appendix: Example of a Communication Covenant

With the understanding that we are to speak to one another in ways that build up the body of Christ, I/we commit to:

- 1. Honoring God in all my communications by respecting others as image-bearers of Jesus Christ.
- 2. Accepting responsibility for establishing and maintaining interpersonal communications that build up and bless fellow office-bearers, staff, and members of the congregation.
- 3. Communicating with others in a way that affirms and encourages them in their roles.
- 4. Speaking directly to others rather than about others, using both truth and grace in my speech when there are challenging issues to address.
- 5. Defusing gossip by informing those who attempt to talk about other people that I will not listen, and by directing them to speak to the person with whom they are concerned.
- 6. Refusing to engage in a posture of complaint, and accepting my responsibility to help create solutions to problems.
- 7. Listening to understand rather than score points.
- 8. Following the process outlined in Matthew 18 when I have complaints against another.
- 9. Responding thoughtfully and gently when others express concerns and opinions with which I may not agree.
- 10. Taking responsibility to recommit myself to these commitments when disagreements arise, acknowledging that faithfulness to these commitments requires effort and diligence even in the best of times.
- 11. Being available and open to words from others who speak out when I violate these commitments.

Signature(s)	Date	