

# The Big Question

## SESSION 1 TAKE-HOME

### SCRIPTURE PASSAGES TO MEDITATE ON AND DISCUSS IN THE COMING WEEK:

Choose one of these passages to ponder each day of the coming week. Read each slowly, letting it sink into your spirit deeply.

- **Psalm 23:4:** Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
- **Psalm 119:50:** My comfort in my suffering is this: Your promise preserves my life.
- **Isaiah 49:13:** Shout for joy, you heavens; rejoice, you earth; burst into song, you mountains! For the Lord comforts his people and will have compassion on his afflicted ones.
- **Isaiah 51:12:** “I, even I, am he who comforts you.”
- **Matthew 5:4:** “Blessed are those who mourn, for they will be comforted.”
- **2 Corinthians 1:5:** For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ.

### QUESTIONS TO THINK ABOUT IN THE COMING WEEK:

- Do you experience the comfort of belonging to Jesus in your everyday life? If so, how?
- The people, places, and things that God created do often bring us comfort. But can we rely on them to be our only comfort? Why or why not?
- Do you fear death? Why or why not?
- What does it mean to you that your body belongs to Jesus?
- What does it mean that your soul belongs to Jesus?
- Do you have a story about how belonging to Jesus has comforted you? Who might be blessed by hearing that story?

### THIS WEEK'S SPIRITUAL PRACTICE

Every morning in the coming week, try using the song “Psalm 62: My Soul Finds Rest in God Alone” for morning devotional time. You’ll find a video of Aaron Keyes leading the singing of this song at [tinyurl.com/aaronkeyessong](http://tinyurl.com/aaronkeyessong). Then pray that God would help your soul rest in him.