



CRWRC

CHRISTIAN REFORMED
WORLD RELIEF COMMITTEE

Speaking From the Heart

You've had an amazing experience, volunteering your time to help others in need. Now you're home again, brimming with the wonder of the experience and eager to share it with others. But where do you begin? How do you condense days or weeks of experience into a short summary, or 3-5 minute presentation?

Below is a rough speaking outline that you can use to develop a short presentation. If you have more or less time available, you can adjust how much detail you include as needed. Or, use this as a starting point, adapting it as needed to fit your situation.

1. Provide some background

- Your name, where you went, and when
- Why you went, as part of what group or tour, with what organization
- Briefly describe CRWRC—a relief and development organization (an agency of the Christian Reformed Church) at work in 30 countries, that
 - a. Relief—Provides for the immediate needs of disaster survivors, helps repair and rebuild survivors' homes
 - b. Development—CRWRC helps men and women work together to overcome illiteracy, hunger, malnutrition, unemployment, HIV and AIDS, child mortality, injustice, and other issues affecting them (or you can say: CRWRC “teaches men and women to fish” as the adage says: give a man a fish, he eats for a day; teach a man to fish, he eats for a lifetime)

2. Tell a story

- Briefly introduce a person or community that you encountered
- Talk about what his/her life or the community was like before CRWRC
- Explain briefly what CRWRC is doing/did
- Share how that person's life is changing/the community is changing because of CRWRC
- Explain how you were a part of it

3. Impact and thanks

- Express how the experience impacted you
- Let them know how to find out more about what you did, the ministry of CRWRC (contact info below)
- Thank them for their time, and if applicable prayers and financial support

What about a “small talk summary?”

Plenty of times you'll be asked, “How was your trip?” It can be hard to answer that in two minutes or less! Here's a tip: Pick three key points of interest and say one sentence about each. For example, “It was amazing. I met a woman whose women's group is caring for 20 orphans in their village. I was blown away by the beauty of Tanzania, the lush forest and amazing views of Kilimanjaro. And I was overwhelmed by the kindness of our host family—their love and care, when supposedly they are the ones who need our help—was incredible.”