



CRWRC

CHRISTIAN REFORMED  
WORLD RELIEF COMMITTEE

*Living Justice, Loving Mercy*

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#### Please Pray:

-That there will be a good harvest this year and people will have enough to eat.  
-That my role will continue to be clear in working with the HBC program.  
-That I will continue to learn the language and culture.- That I will continue to learn the language and culture.

#### Praise God:

-The rainy season has officially started and crops are growing!  
-The community sensitization meetings about the HBC program and HIV and AIDS stigma are being well received.  
-Each week, I continue to feel more settled into life in Chipoka.

# To Malawi...



February 2009

## Frank

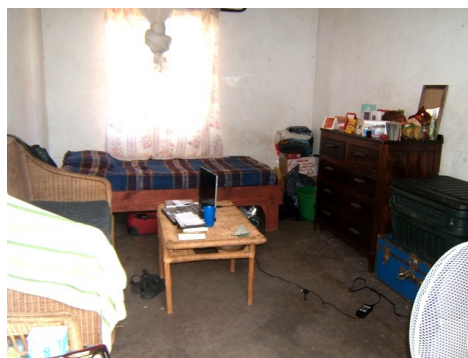
*I have been doing social work for about 10 years, which makes me feel a little bit old to say. There have been a lot of days that are really hard and at the end of the day, I just wanted to go home, go to bed and cry myself to sleep. That hasn't changed in Malawi. There are many days that I ask God what I can possibly do in certain situations that could make any difference to the people involved. But there are other days when I am able to see positive changes in people and situations and praise God for allowing me to be part of the process. The latter is Frank's story.*



Frank (right) and his cousin Abraham at Christmastime

Frank was one of the first patients that I met in Chipoka at the beginning of November. He lives with his mother. He is HIV positive and had sores on his legs and feet so badly that he was unable to walk. His left leg was so swollen that his trousers would barely stretch around his calf. We visited Frank and his mother and prayed with them and asked what they needed. Other than food, Frank's mother said that she needed help caring for the sores on Frank's legs and helping to bathe him, which their new care provider Robert was helping her do. Frank was obviously in a great deal of pain, but was very optimistic that he was going to get better and grateful that Robert was able to help them and teach his cousin Abraham, who moved in to help out, how to do basic care for Frank.

When I went back to visit Frank right around Christmas, I discovered that the sores on his legs and feet have healed so well that he is now able to walk the several kilometers to and from the market on his own. He is praising God for healing him so quickly and for the Home Based Care program that was able to give training to a provider who could then assist him and his family while he was healing.



I am doing well and staying busy with Esther Perekamoyo. I'm feeling more comfortable in my role here and am trying to enjoy the contentment while it lasts. I recently moved into my own place (the picture is looking into my room; the toilet, shower and kitchen area are behind me as I take the picture) and am enjoying meeting my new neighbors and eating whatever I want...with as much flavor as I can take!

Grace and Peace,  
*Angel*