



# Tidings from Mozambique

## Istifanus Gimba, Mozambique

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### *Please Pray*

- Praise God for the CRWRC/Igreja Reformada em Mozambique -ABY partnership.
- Pray that Christ will be the centre of this education program for Healthy Choices.
- Pray for the new Team Leadership of ABY Rev. Antonio Endani, for wisdom as he directs the project and for favor as they source funding for the next phase (as current USAID funding ends June 2010) and for continuity of the ministry.
- Pray for me for wisdom to be able to support CRWRC partners in Mozambique effectively.
- Continue to pray for quick understanding as we learn about the CRWRC work, that we can fit in properly.
- Pray that my family would be able to communicate well in Portuguese and also reach out to the people with the love of Christ.
- Pray that God would revive Igreja Reformada em Mozambique and especially Bairro Azul Prayer House where we have been worshipping.

## Healthy Choices through Creative HIV AND AIDS Education

*“Pray for us, ...that the Lord’s message will spread rapidly and be honoured where it goes...”*  
2 Thessalonians 3:1

Hello friends and partners, we bring you very ‘warm’ greetings from the warm city of Tete, Mozambique. CRWRC has been in partnership with two departments (Releif and Development Department and Sankhani Moyo- ABY) of Igreja Reformada em Mozambique for several years.

CRWRC, through her Igreja Reformada em Mozambique – ABY partner has been working in Chitima, a community in Songo District about 130 Kilometers south-west of Tete City in North Central Mozambique. For many of the youths in this community the wide campaigns against the HIV and AIDS might not have made much difference, until CRWRC/ABY came in with its creative approach of education through co-promoters. These co-promoters target youth leaders and reach them through songs, drama and studying of the healthy choices manuals which emphasise both healthy physical and spiritual lives. Sofia Alfredo is a female co-promoter that has been working with youths at Chitimas since March 2009. Sofia expresses her excitement at being part of

this education programme, in that, apart from influencing the lives of many youths in the community she has personally gained much. She remarked that before joining ABY as a voluntary co-promoter, she knew very little about HIV and AIDS, but since then has learned

a lot about healthy choices. She can now explain to youths what HIV and AIDS is, the details of its transmission and prevention techniques, as well as how to make healthy life choices. Sofia has been able to share her learning with 10 other youths (beneficiaries) and she hopes that as these youth in turn share with other youths, the whole community will be better informed on how to make healthy choices for their lives against the HIV and AIDS pandemic.

A major challenge in HIV and AIDS education identified by Sofia is the difficulty to get people to listen, as people tend to think that it is only people with the virus that are targeted and approached. Sofia has been trying to overcome this by using creative ways such as dancing and games.



Over the past weeks Esther has been working closely with the Women Fellowship of Tete congregation and Bairro Azul Prayer House in particular, encouraging them from scriptures to love one another and draw their husbands and children to participate actively in Church. God is blessing this effort by reviving the women’s fellowship to weekly activities. This week alone the women came to church twice (something that was almost forgotten).

Thank you for your tremendous support and prayers.

**BLESSINGS,**  
*Istifanus and Esther Gimba*  
CRWRC Mozambique